

Salud 60+/ Health 60+

ERASMUS+ Programme 2020 – KA2 Adult Education Project nº: 2020-1-ES01-KA204-082505

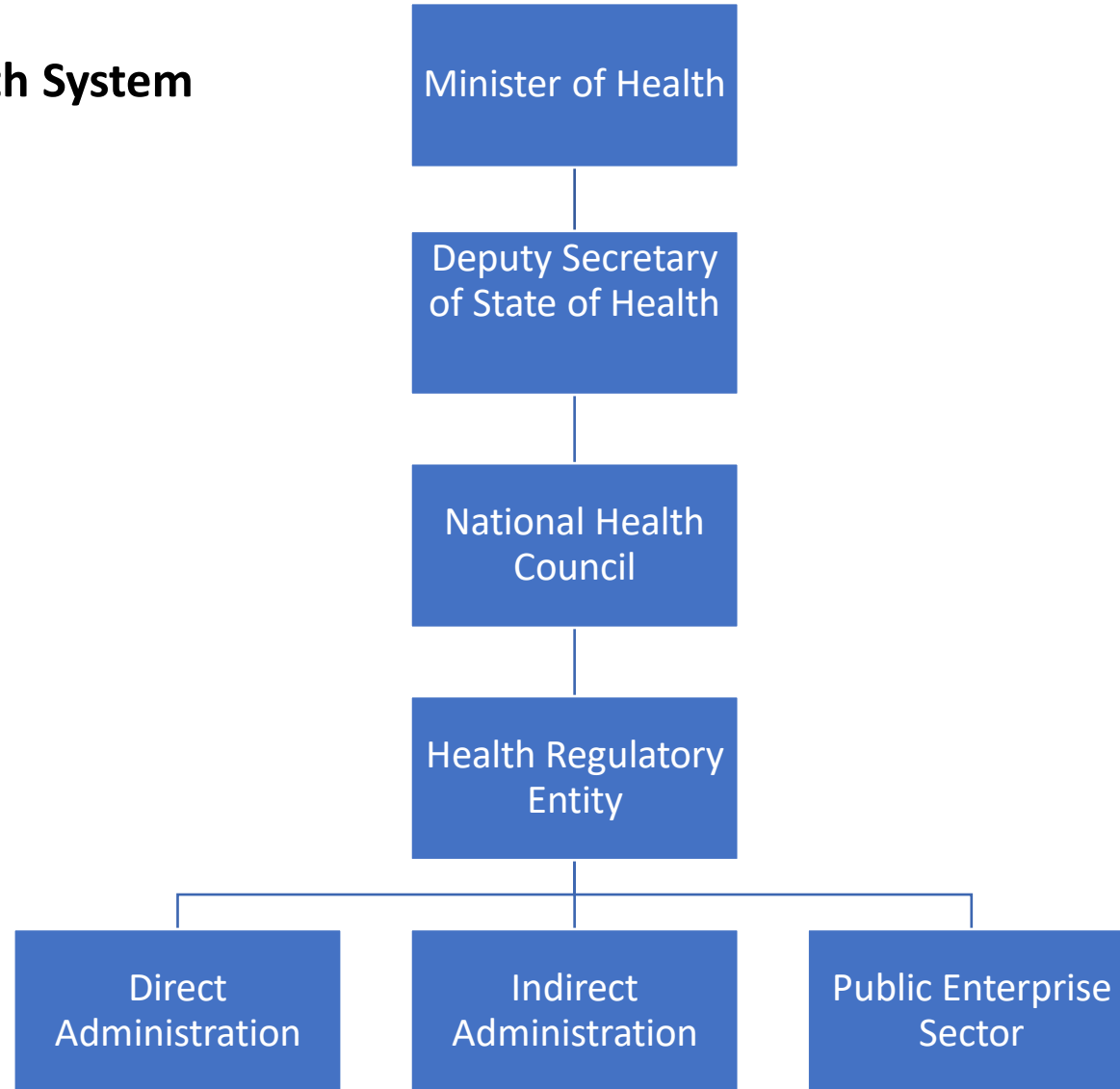
LTT1, Madrid (24th, 25th and 26th of November)

Healthcare model in Portugal



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Portuguese Health System



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DIRECT ADMINISTRATION	INDIRECT ADMINISTRATION	PUBLIC ENTERPRISE SECTOR
Secretary -General	Central Administration of the Health System, IP (ACSS, IP)	Shared Services of the Ministry of Health, EPE
General Inspection of Health Activities	INFARMED- National Authority of Medication and Health Products, IP	Local Health Units EPE
General Direction of Health (DGS)	National Institute of Medical Emergency, IP (INEM)	EPE Hospital Centers
Service for Intervention in Addictive Behaviors and Addictions	Portuguese Institute of Health Doutor Ricardo Jorge, IP	EPE Hospitals
	Public establishments of the SNS (Hospitals - Public Administrative Sector)	
	Peripheral Organisms*	

<https://www.sns.gov.pt/institucional/entidades-de-saude/>



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Indirect administration

Peripheral Organisms				
Regional Health Administration of the North, IP	Regional Health Administration of the Center, IP	Regional Health Administration of Lisbon and Vale do Tejo, IP;	Alentejo Regional Health Administration, IP;	Algarve Regional Health Administration, IP.

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NATIONAL HEALTH SYSTEM - OPERATION

Health Regions

- They establish the contact between the local level and the Ministry of Health.

In Portugal there are 5 Health Regions:

North- based in Porto;

Center - with headquarters in Coimbra

Lisboa and Vale do Tejo- with its headquarters in Lisbon;

Alentejo - with headquarters in Évora; and

Algarve - with its headquarters in Faro



Each Health Region has a **Regional Health Administration**

Health regions are divided into **health sub-regions (18)**, integrated by health areas.



NATIONAL HEALTH SYSTEM - OPERATION

Health Regions (5)



Each Health Region has a Regional Health Administration (ARS) endowed with:

- legal personality;
- administrative and financial autonomy, and
- its own patrimony.

Functions of Regional Health Administration:

- Planning;
- Distribution of resources;
- Orientation and Coordination of activities
- Management of Human Resources
- Technical and administrative support and evaluation of the functioning of health care institutions and services" (Almeida, 1999:21)



Image: Example of the scope of the ARS- Norte

NATIONAL HEALTH SYSTEM - OPERATION

Health regions are divided into **health sub-regions**, integrated by health areas

18 Health Sub-Regions (Districts)

- The sub-regions correspond to the areas of the continent's districts.
- The health areas correspond to the areas of the municipalities, and changes may be made to this division with the agreement of the interested municipalities.

Care Providers by Region:

- Hospitals
- Health Centers

Aiming to overcome the dichotomy between primary care and differentiated care

Reality: Health Centers have a weakened position vis-à-vis the Hospital, due in part to a lack of autonomy and to the recent regulation of the career of General Practitioner (first Decree-Law of 1982)



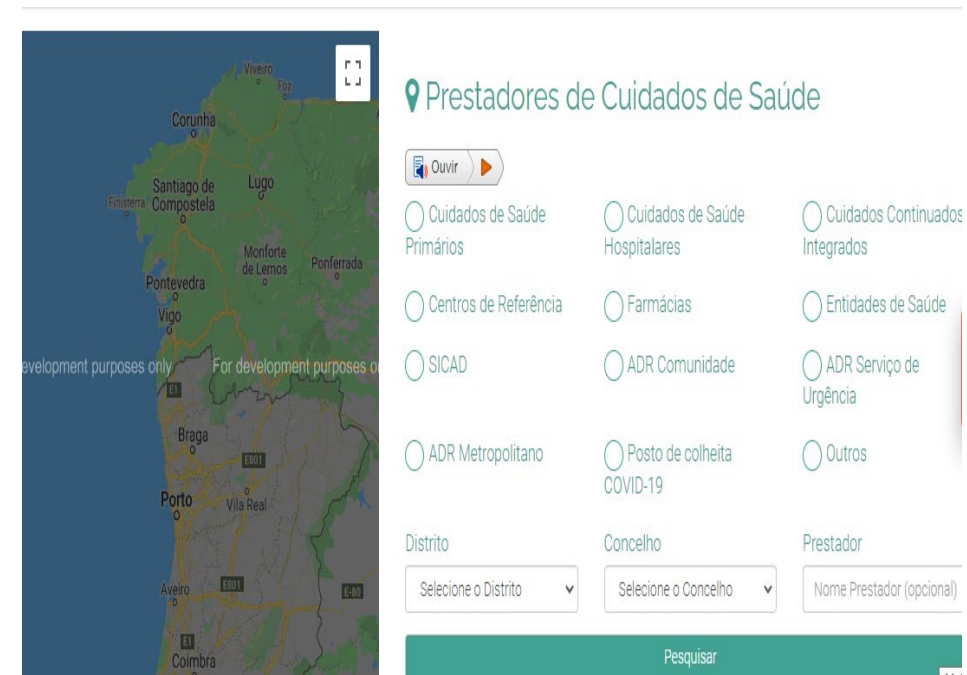
SNS - Levels of Intervention

COORDINATION	ENTITIES
Nacional	Ministry of Health (General Direction of Health (DGS) and other central institutions)
Regional	ARS (Regional Health Administration, I.P.)
	DSP (Department of Public Health)
	ULS (Local Health Care Unit)
Local	ACES (Cluster of Health Centers)
	USP (Local Health Unit)
	Hospitals

SNS- Examples of Health Care Providers

- Primary Health Care (Health Centers)
- Reference Centers (<https://www.sns.gov.pt/institucional/centros-de-referencia/>)
- SICAD (Service for Intervention in Addictive Behaviors and Addictions)
- Metropolitan ADR
- Hospital Health Care
- Pharmacies
- ADR Community (dedicated areas for respiratory patients)
- Covid-19 Collection Post
- Integrated Long Term Care
- Health care entities
- ADR Emergency service
- Others

<https://www.sns.gov.pt/sns/pesquisa-prestadores/>



Prestadores de Cuidados de Saúde

Cuidados de Saúde Primários

Cuidados de Saúde Hospitalares

Cuidados Continuados Integrados

Centros de Referência

Farmácias

Entidades de Saúde

SICAD

ADR Comunidade

ADR Serviço de Urgência

ADR Metropolitano

Posto de colheita COVID-19

Outros

Distrito:

Concelho:

Prestador:

Thank you!



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